



MOUNT CARMEL CLINIC

MANITO IKWE KAGIIKWE

The Mothering Project

Mount Carmel Clinic



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Faculty/Presenter Disclosure

Presenter- Hayley Thomas

Commercial Interests- None for either



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Learning Objectives

- Discuss The Mothering Project at Mount Carmel Clinic
- Future directions- how to help families and services flourish



MOUNT CARMEL CLINIC

Mission:

Mount Carmel Clinic , a unique community health centre, exists to work together with people, families and communities towards lifelong health and wellbeing.

Vision:

Healthy Strong children, youth, adults, elders and communities.

Values:

RESPECT KINDNESS CHOICE EQUITY ACCESS ADVOCACY LEARNING MENTORSHIP INNOVATION



MOUNT CARMEL CLINIC

Mount Carmel Clinic is a campus with 5 Buildings

We are a staff of 160 people

We have 3 departments:

Primary Health, Community Services and Early Learning and Parenting Departments

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Manitou Ikwe Kagiikwe (MIK) has been a project of Mount Carmel Clinic since 2009

Philosophical and Practical Approaches

Relational: Focus is on building safe, consistent & non-judgemental

Women-Centered: Women are encouraged to take responsibility for their decisions

Harm Reduction: Focus on minimizing harm promoting safety & providing basic necessities

Trauma Informed: Understanding that women have been impacted by intergenerational trauma compounded by lived experience

Culturally grounded: appropriate Indigenous tradition, cultural practice and ceremony are offered and encouraged. Dedicated space for ceremony

Multi-Disciplinary: Multi-Disciplinary team addresses women's and children's holistic needs

Outreach: Connecting/engaging with women in the community & supporting to obtain needed services

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Our Team

Manager

Two Community health facilitators

2.6 FTE Outreach workers

3 Family Support Workers

1 FTE Addictions Counsellor

.5 FTE Child and Family Services Liaison

1 FTE Early Childhood Educator

1 FTE Social Worker

Social Worker provides support to the team

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In House Process:

Involvement with Child and Family Services

Chaotic substance use

Pre- Natal

Child under 1 year

Mental wellness

Street involved

Trauma

Prior multiple systems involvement High risk for CFS involvement

Does not want CFS support but wants community support

No support

It is a volunteer program

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FACTORS FOR INVOLVEMENT

- The Mom must be involved in the process – we will not engage with social worker without Mom present
- Poverty is a risk – it is not a reason
- MIK can walk with Mother for 5 years
- Family Group Conferencing
- Core group includes Mother and Father
- Intergenerational trauma and trauma from lived experience
- Normalization of systems involvement

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Who can refer:

- Risk Assessment follows a preventative model of care
- Notice of Risk Assessment (NORA)
- Difference is that baby just gets apprehended at home
- Child and Family Services
- ANCR
- Self - Referral



FAMILY SUPPORT

Building parental capacity to meet individual family needs

Barrier free, licensed childcare onsite

Indigenous Cultural Support

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- Program Support is individualized to the needs of the Mother and Child
- Some in-house programming includes:
 - Cultural support
 - Early Childhood Centre
 - One on One support
 - Group programming (currently limited due to Covid – 19)
 - Family Enhancement Services
- External Support
 - Mount Carmel Services
 - Referral to external programming and agencies as necessary

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REFERRAL PROCESS

1. Voluntary process inclusive of involvement of woman. “Nothing about you without you”
2. Self referral
 - a. CBO and Community partners
 - b. Hospital
 - c. CFS
 - d. Community Partners
 - e. Treatment Centres
 - f. Detox Centres
 - g. Peer Referrals
 - h. Self Referrals
 - i. Intake referrals
 - j. Mom can bring whoever for self referral

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GOALS OF THE MANITO IKWE KAGIIKWE PROJECT TO HELP FAMILIES FLOURISH

- To provide Mothers with a safe space
- Prenatal care
- Advocacy
- Keeping families together
- Build capacity to parent
- Advocate and empower self
- Build capacity as much as possible
- Practise from a harm reduction lens
- Build relationships
- PEER Mentoring

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For Further Information/Referral:

Hayley Thomas, BSW, RSW

Program Manager

Manito Ikwe Kagiikwe – The Mothering Project

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**Goals of Manito Ikwe Kagiikwe
The Mothering Project**

- To provide women with a safe space
- Prenatal care
- Advocacy
- Keeping families together
- Build capacity to parent and to reach personal goals
- Advocate and empower self
- Practice from a harm reduction lens
- PEER mentoring



“We are a harm reduction oriented, trauma informed, and culturally grounded support program for women that provides a safe space that focuses on relationships, kindness, culture and nonjudgemental care.”

CONTACT US
We will meet you where you're at.

886 Main Street
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www.mountcarmel.ca

**Manito Ikwe Kagiikwe
The Mothering Project**

**Program
Guidelines**



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at Mount Carmel Clinic



Who we Work With

- Women involved with Child and Family Services (CFS) or at high risk for CFS involvement
- Chaotic substance use
- Pregnant and/or child under 1 years old
- Street involved
- Prior multiple systems involvement
- Mental health struggles
- Experienced trauma
- In need of support
- Does not want CFS support, but wants community support

Factors for Involvement

- Women must be involved in the process - we will not engage with social worker without them present
- Poverty is a risk - it is not a reason
- MIK can walk with women for 5 years
- Family group meetings
- Core group includes mother, father and extended family
- Intergenerational trauma and trauma from lived experience
- Involved with multiple systems

Philosophical & Practical Approaches

Harm Reduction

Focus on minimizing harm, promoting safety & providing basic necessities. Sobriety is not a requirement.

Relational

Focus is on building safe, consistent & non-judgmental relationships

Women-Centered

Women are encouraged to identify their goals and successes.

Trauma Informed

Understanding that women have been impacted by intergenerational trauma, compounded by lived experiences.

Culturally grounded

Indigenous traditions, cultural practices and ceremony are offered and encouraged, with dedicated space for ceremony.

Multi-Disciplinary

Multi-disciplinary team addresses women, children and families holistic needs.

Outreach

Connecting/engaging with women, children, and families in the community & supporting them to obtain needed services.

Family Support

- Building parental capacity to meet individual family needs
- Licensed childcare onsite
- Indigenous Cultural Support
- Mount Carmel Clinic services available (health care, counseling, access to Elders, etc.)

Referral Process

- Voluntary process inclusive of involvement of women - "Nothing about you, without you"
- Self-referral
- Community-Based Organizations and Community Partners
- Hospitals
- Child & Family Services (CFS)
- Treatment Centres
- Detox Centres
- Peer Referrals
- Intake Referrals
- Women can bring support person(s) for self-referral



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